

Pre-licensure Nursing Skills Checklist

Black- Competent

Blue- Competent but requires practice

Physical Assessment

- ✓ Physical Assessment (Neurological to Extremities)
- ✓ Measuring intake and output
- ✓ Breast examination
- ✓ Testing urine
- ✓ Measuring blood glucose levels
- ✓ Collecting nose, throat, and sputum specimen
- ✓ Assisting with ambulation and safe falling
- ✓ Donning and removing clean and contaminated gloves and mask
- ✓ Applying sterile gloves via open method
- ✓ CPR
- ✓ Performing Heimlich maneuver

Client Care and comfort

- ✓ Effective communication process
- ✓ Therapeutic massage BLE for DM management
- ✓ Using a thermal blanket and infant radiant heat warmer
- ✓ Applying cold therapy

Basic Care

- ✓ Changing linens in unoccupied/occupied bed
- ✓ Turning and repositioning
- ✓ Assisting with bed pain and urinal
- ✓ Bathing a client in bed/chair
- ✓ Perineal and genital care
- ✓ Changing the gown with IV set up
- ✓ Assisted from bed to OR bed
- ✓ Assisting from bed to walker
- ✓ Administering PROM
- ✓ **Postmortem Care**

Medication Administration

- ✓ Administering PO, sublingual, eye, eardrops, nasal rectal, sub Q, transdermal, IM
- ✓ Withdrawing medication from vial and ampule
- ✓ Administering Medications via Primary and secondary sets
- ✓ **Administering patient controlled analgesics (PCA)**
- ✓ 5 rights during medication pass

Nutrition and Elimination

- ✓ Inserting and maintaining a nasogastric tube
- ✓ Assessing placement a large-bore feeding tube and administrating an intermittent feeding
- ✓ Removing a nasogastric tube
- ✓ Feeding and medicating via a gastrostomy tube
- ✓ Applying a condom catheter
- ✓ Inserting and indwelling catheter FOLEY (male and female)
- ✓ Obtaining urine sample from an indwelling catheter
- ✓ Irrigating a urinary catheter
- ✓ Removing an indwelling catheter
- ✓ Administering an enema
- ✓ Changing a bowel diversion ostomy appliance pouching a stoma

Oxygenation

- ✓ Administering oxygen therapy
- ✓ Assisting with controlled coughing and deep breathing
- ✓ Assisting with an incentive spirometer
- ✓ Administering pulse oximetry
- ✓ Preparing and maintaining the chest drainage system
- ✓ Measuring the output from a chest drainage system
- ✓ Ventilating with a ambu-bag
- ✓ Suctioning endotracheal and tracheal tubes
- ✓ Maintaining and cleaning the tracheostomy tube

Circulatory

- ✓ Starting IV
- ✓ Preparing IV bag and tube
- ✓ Assessing and maintaining and IV insertion site
- ✓ Discontinue the IV and changing to saline or heparin lock
- ✓ Administering a blood transfusion
- ✓ Assessing and responding to transfusion reactions
- ✓ Measuring CVP
- ✓ Obtaining an arterial blood gas
- ✓ Assisting with the insertion and maintenance of an epidural catheter

Skin Integrity and Wound Care

- ✓ Bandaging
- ✓ Applying a dry to wet dressing
- ✓ Irrigating a wound
- ✓ Care of a JP drain site and draining bulb
- ✓ Removing skin sutures and staples
- ✓ Preventing and managing pressure ulcers

OB Beginning skills

- ✓ Antepartum (giving appropriate report)
- ✓ Postpartum assessment (breast feeding, uterus, bowel, bladder, lochia, episiotomy)
- ✓ Newborn assessment

Pediatric Skills

- ✓ Temperature
- ✓ Crib rails
- ✓ IV board- finger restraints
- ✓ Cardio-respiratory
- ✓ GI feedings (kangaroo pump, NG feedings, MIC-KEY)
- ✓ GU care
- ✓ IV therapy
- ✓ Medication administration